

EMS Newsletter

October 19, 2018

Dear EMS Families,

Today our faculty spent our in-service day with Joelle van Lent - a consultant working with us to consider how we "Foster Resilient" students.

Joelle's work is powerful for educators and parents alike. Thus, I wanted to share a few resources with you to invite you, along with the faculty, to consider how you are fostering resilience in your child at home.

[Stress Is Part of Life - it can make us stronger and wiser.](#)
[Resiliency Report](#)

As you read these resources I would encourage you to consider the following questions:

1. How do you validate and support your child when they are feeling stressed?
2. How are you making the most of opportunities of positive stress to foster resilience?

In partnership,
Megan R. McDonough

Friendly reminders

- October 23rd - 26th - Red Ribbon week *see below for details
- October 25th - ½ day of school for students. 12 noon dismissal - lunch before dismissal. (District in-service for faculty)
- October 26th - 6-8 p.m. School dance
- November 2nd - End of Quarter 1
- November 3rd - 9-12 noon - Band District Music Festival auditions

Community Announcements

- School Dance details
 - Tickets sold before and after school next week in the lobby of the school for \$4.
 - Location = EMS gym. Entrance through side door by the gym driveway.
 - Dance doors will be closed at 6:30
 - Snacks and drinks for sale (range in price from \$.25 - \$1) throughout the dance
 - Games offered in addition to dancing.
 - Students must stay in the dance until 8 after entering.
 - Suggested drop off and pick up location - South Union St.

- Parent Conferences are on the calendar for November 19th and 20th. Stay tuned - in the next family newsletter we will be sending out a link that will support you in scheduling your conference.



How do I sign up for PowerSchool to see my student schedule, attendance, and grades?

You may have already logged on to PowerSchool to complete the Annual School Update. If you don't have an account, click on the light bulb from ANY District page. "Create an Account" If you need help with this step, please contact the school office.

Click on the "Light Bulb"

Question: How can I see my student's grades?

Once you are logged into PowerSchool, click on "Grades and Attendance" then Click on the Quarterly grade (ex. Q1) for each class.

Once inside the class, you can click View to see more information about each assignment.

Note: Not all assignments will have more information.

Grades and Attendance | Standards | Details

Class	Last Week	This Week	Score	95	90	85	80	75	70	65	60	55	50	45	40	35	30	25	20	15	10	5	0
Math 101																							

Class Score Detail Not Available

This information is not available for the current student at this time.

Grades and Attendance | Standards Grades

Assignments

Due Date	Category	Assignment	Flags	Score	Grade	View
05/23/2018	Academic Achievement Category	Pre-algebra 4.0 #2 (hardcopy)		50/100	F	View
06/07/2018	Classwork	Pre-algebra 4.0 1st hardcopy		100	F	View
06/12/2018	Habits of Work	Group paper notebook/cover		50/100	A-	View
06/13/2018	Habits of Work	Letter to parents		100/100	A+	View
06/15/2018	Academic Achievement Category	Pre-algebra 4.0 #1 (hardcopy)		8.3/10	B	View
06/05/2018	Habits of Work	Summer packet		100/100	A+	View

Grades last updated on: 5/24/2018

Legend

None | New Description | New Content | Checked | Late | Missing | Flagged for Final Grades | Absent | Incomplete | Flagged

Setting up email notifications:

Click on Email Notifications

Set up how often you want to receive notifications and what type you would like to receive.

You can add more than one email separated by a comma.

Hit Submit.

Navigation

Grades and Attendance

Grade History

Attendance History

Email Notification

Teacher Comments

School Bulletin

School Information

Account Preferences

Annual Student Information Update

Test Scores

Honor Roll

Graduation Progress

Discipline

Email Notifications: ted.toshan, ted.toshan

Contact Information

Account Email ted.toshan@gmail.com

Additional Email Addresses ted.toshan@gmail.com, ted.toshan@yahoo.com
(separate multiple email addresses with commas)

What Information Would You Like to Receive?

Summary of Current Grades and Attendance.

Detail Report of Attendance.

School Announcements.

Balance Alert (Note: will only be sent when student is low on funds).

Frequency

How Often? weekly

Apply These Settings to All Your Students?

Send Now For Email?

Submit

Using the PowerSchool App

	<p>App can be downloaded from the Apple or Android App Store. It is a Blue app with a rainbow colored P.</p> <p>Log in with the same credentials as the website.</p> <p>District Code is KKPC</p>
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The Library Corner

The annual Edmunds Middle School book fair will be held during the week of November 5th.

We encourage students and families to visit the book fair any time during the week of November 5th. It is an easy way to do some holiday shopping while benefiting our school library. Thirty percent of the profits from this book fair will be used to purchase books, supplies and equipment for our new makerspace. This year we purchased a Cricut Maker using book fair funds. Students have been excited to use it to make cards, signs and personal interest projects.

Since classroom budgets are very limited, please consider coming to the fair and purchasing books for your child's classroom. The library will have a list of titles that teachers recommend.

Finally, if you are willing to volunteer for the book fair, please contact Carole Renca at crenca@bsdvt.org or call 864-8487 Ext. 41109

Hope to see you at the upcoming book fair!!!

Come to the EMS Book Fair!!

Day/Time: Monday, Nov. 5th through Friday, Nov. 9th

Monday & Tuesday 8 a.m. – 3:30 p.m.

Wednesday 8 a.m. to 2:00 p.m.

Thursday extended hours 8 a.m. – 6:30 p.m.

Friday 8 a.m. – 2:00 p.m.

Location: EMS Library/Makerspace



Free event for all parents, caregivers, and local youth-serving professionals!

Please join us on Tuesday, October 16th to learn about Dr. Jeremy Sibold's latest research on adolescent mental health, connect with local resources, and get support so we can all have important conversations with kids about mental health.

What: Adolescent Anxiety, Depression & Other Mental Health Concerns Presentation & Panel Discussion

Who: YOU! Parents, caregivers, teachers, school administrators, other people who work with youth, community members, etc.!

When: Tuesday, October 16 from 6:30 - 8 pm

Where: Lyman C. Hunt Middle School Library, 1364 North Avenue, Burlington

[Click here for more info about the event on Facebook](#) or email or call Emily at emily@burlingtonpartnership.org or 802.652.0997 with questions or if you need to arrange childcare to attend.

More details: The latest Youth Risk Behavior Survey shows that rates of suicide ideation and depression among our youth is heart-wrenchingly high. 14% of Burlington middle school students and

25% of Burlington High School students report that they felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities (past year). 13% of middle school students report that they ever seriously thought about killing themselves. 10% of BHS students made a plan about how they would attempt suicide (past year). While these rates are extremely difficult to learn about, it is important to remember that depression is a treatable illness.

Join us on October 16 to hear about the latest research on adolescent mental health from Dr. Jeremy Sibold, meet school district mental health professionals, and connect with local resources. Learn how to talk to your kids about mental health and where to turn when you feel your teen might need help.

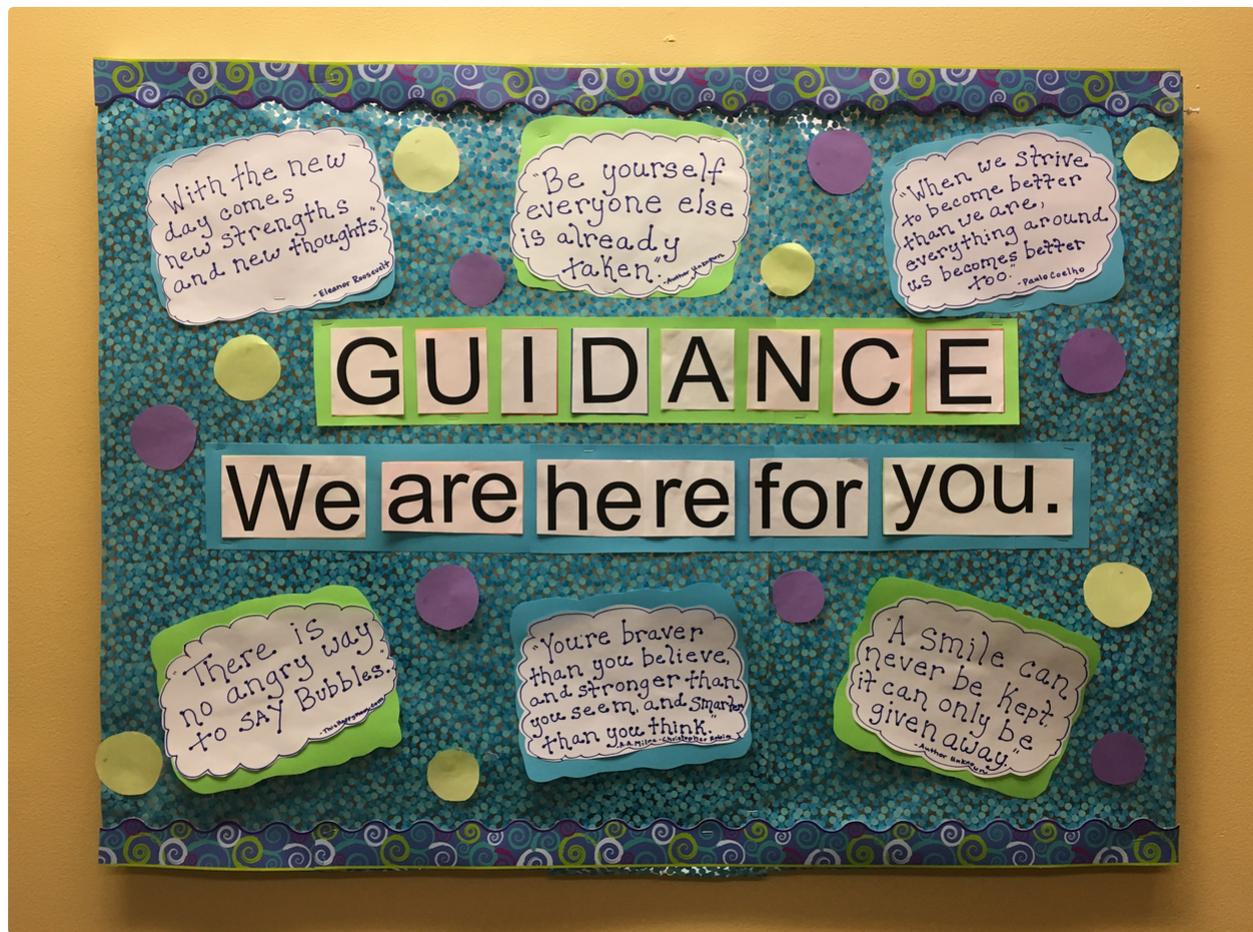


From the Health Office

Hello! We are partnering with a group of medical students at the UVM Larner College of Medicine to complete a Public Health Project on accessibility and utilization of the School-Based Health Center. We would really appreciate if all parents who did not fill out a survey at Open House could fill out this electronic survey. It is four questions and just takes a minute or two

(https://docs.google.com/forms/d/e/1FAIpQLSc7fdLJvDD8HdyfwJFTrKje7XFcPPGIZ0wo-7ugzap_6NvUw/viewform?c=0&w=1). If you would like to complete the survey but your first language if it is not English, please contact Becca McCray at rmccray@bsdvt.org for a survey in your primary language.

Becca McCray
Edmunds Middle School Nurse
Phone: 864-8486 x3



Guidance Counselor, Pat Hulbert

I have been the Guidance Counselor here at Edmunds for 9 years. I support our students by providing individual and small group counseling. I also support students and their families by making counseling referrals. Part of my time at school is spent communicating with teams in order to identify the needs of our students. I provide classroom lessons as needed. I am also responsible for all students' scheduling needs and coordinate the entire Testing/NECAP process. I am at Edmunds Monday through Friday and can be reached at phulbert@bsdvt.org or 864-2149. Please let me know if I can support you or your child in any way.

Angela Halsted, SAP (Student Assistance Professional) Counselor

I am the SAP Counselor here at Edmunds Middle School. The overall goal of the Student Assistance Program is to identify, educate, support, and refer students who are experiencing challenges. Students are referred to the SAP Counselor by school staff, a parent, or a friend for a variety of reasons including challenges related to substance use, depression, anxiety, family conflict and divorce, stress management, suicidal ideation, self harm, body image and eating disorders, physical or sexual abuse and friendship challenges. As an SAP Counselor, I am here to support any student for any reason. I am also the Prevention Coordinator here at Edmunds. I plan and implement a number of Prevention activities that promote making healthy choices. Some of these Prevention activities include Red Ribbon Week, Bullying Prevention activities, Great American Smokeout, Kick Butts Day, and Wellness Week.

If you have any questions or concerns, please feel free to reach out to me. I am at Edmunds on Tuesdays, Wednesdays and Thursdays. My email is ahalsted@bsdvt.org and my phone number is # 864-8486 x41010.



Red Ribbon Week at Edmunds!

Monday, October 22 - Thursday, October 25

During Red Ribbon Week, we celebrate drug and alcohol prevention. This year we are kicking off our Red Ribbon Week with a Spirit Week. Prevention Activities will take place during this week, wrapping up on Thursday with a Wellness Day.

On Thursday, students will be participating in activities related to wellness and prevention. Our 6th grade students will be traveling through a number of workshops here at Edmunds while our 7th and 8th grade students will be attending a presentation by Michael Hill, the SAP Counselor at BHS. Michael will be educating our students about the harmful affects of vaping, juuling, and other substances. Michael's presentation will take place at the Contois Auditorium at City Hall. All of our students and staff will also have the opportunity to engage in a high energy fitness activity on this day as well. Please let me know if you have any questions or concerns. My #864-8486 x41010.

Best Wishes, Angela Halsted, SAP Counselor

JEANNE MANCE RESIDENCE HALL
394 PEARL ST., BURLINGTON, VT 05405

Halloween on Pearl St.

THE RESIDENTS OF JEANNE
MANCE INVITE THE BURLINGTON
COMMUNITY TO JOIN US IN
JEANNE MANCE RESIDENCE
HALL FOR FREE TRICK-OR-
TREATING, HALLOWEEN GAMES,
AND FUN ACTIVITIES.

OCT. 27 2-4PM



UVM RESIDENTIAL LIFE
JOURNEY TO INDEPENDENCE

note: the dissemination of this material is intended to be of community service -
Burlington School District does not endorse nor sponsor this organization

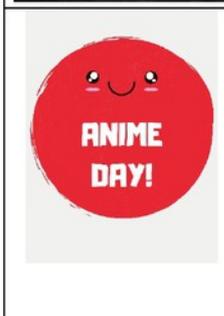
TEEN SPACE NEWS

Computers! The Teen Space just added 2 computers (for ages 12 and older)! For questions and computer use rules, ask the Tween/Teen Librarian.

Bring-Back Days! Bring back overdue books fine-free* anytime between October 15-29th!

*Late fines waived on items returned in good condition, however long overdue; offer does not apply to previously accrued or paid fines or replacement fees.

OCTOBER/NOVEMBER EVENTS

	<p>Makerspace Every Wednesday 2-3:30 pm</p> <p>Get your creative on with STEM and DIY crafts! Learn something new, get help on your own project, or just hang out!</p> <p>Ages 10+</p>
	<p>SPECIAL EVENT! Anime Day Sunday October 21 12-3 pm</p> <p>An entire day just for anime! Check out a movie screening, make kawaii (cute) crafts, and learn about Japanese culture! Wear a costume and get a prize!</p> <p>Ages 10+</p>



Reception & Reading with Alexandra Contreras-Montesano
Sunday November 4
2-3:30pm

Join us in congratulating BHS senior Alexandra Contreras-Montesano for being named one of five 2018 National Student Poets. Alex will read some of her work, and refreshments & snacks will be served.

For everyone

HEY 8TH GRADERS!



Anime Club
Sunday November 11
2-3 pm

Each month Anime Club meets for Anime, manga, crafts, cosplay and more!

Ages 13+



Teen Book Club: Dread Nation
Sunday November 18
2-3 pm

Grab a cup of hot cocoa or tea, have a snack, and join the discussion! This month, it's "Dread Nation" by Justina Ireland. We'll also pass out December's book! Can't make it? Limited copies of the book will be available at the Fletcher Free Library Front Desk, and at the BHS library.

Ages 13+