



# Edmunds Middle School Newsletter

October 6, 2017



Dear EMS Families,

It was wonderful to see and meet so many of you at Open House this week. As I circulated to classrooms during team time, rooms were so full I couldn't join without standing in front of someone else. While we weren't "ALL IN", we had a great turn out and are eager to continue finding ways to meet all of our families. With that in mind, we have two opportunities next week to meet and discuss our collaborative work in supporting your children.

**EMS PTO - ALL ARE WELCOME**

**Join our monthly conversations and support our meaningful work.**

**How can YOU support our school?**

**Share your thoughts and ideas via email: [EMSPTO@gmail.com](mailto:EMSPTO@gmail.com)**

**PTO MEETING  
WEDNESDAY  
OCTOBER 11th  
5-6PM  
LIBRARY**

- **Principal Megan McDonough will share results from our EMS Family Survey.**
- **Topics initiated from our September PTO meeting will be discussed.**
  - **Guidance**
  - **Communication**
  - **Health Education**
  - **Family Involvement & Opportunities**
- **PTO Board – Looking for New Members**

**\*\*\*\*\*Please take 5 minutes to complete the family survey [here](#).**



**COFFEE CHAT  
WEDNESDAY  
OCTOBER 18th  
7:30 - 8:00 a.m.  
LIBRARY**

**Whether or not you  
can join us next week  
in person we would  
love to hear your  
suggestions and  
feedback.**



Next Friday, **October 13th from 6-8 p.m.** is our first school dance. Tickets will go on sale Monday for \$4. In advance of the dance check in with your child about the expectations:

1. All EMS school rules apply. (Especially dress code)
2. Electronic devices must be away.
3. If you are absent the day of the dance, you may not attend without administrative approval. Religious holidays are exempt from this rule.
4. Only EMS students may attend unless prior permission has been obtained from an administrator.
5. Once you are at the dance, you may not leave the dance without permission of a parent or guardian.
6. You must arrive at the dance on time or have parental permission to arrive late.
7. Shoes must be worn at all times.
8. No food or drink will be allowed on the dance floor.
9. Dancing must be appropriate for a middle school environment and safe for students. Parents will be called and students sent home if a student does not follow this expectation.

### Friendly reminders

- **Picture retakes** are October 12th
- **Town Meeting** October 19th - 2:15 - 3:00 p.m.
- **NO School** October 20th - teacher inservice

### Community announcements

**This year EMS will be offering students the opportunity to take the AMC 8.** The AMC 8 is described by the MAA as a “25-question, 40-minute, multiple choice examination in middle school mathematics designed to promote the development of problem-solving skills. The AMC 8 provides an opportunity for middle school students to develop positive attitudes towards analytical thinking and mathematics that can assist in future careers. Students apply classroom skills to unique problem-solving challenges in a low-stress and friendly environment.”

**Ask your child if s/he is interested in taking advantage of this opportunity. Click [here](#) for more information. Jeff Wick will be running a study group in advance of the exam - stay tuned for more details.**



### **OPEN HOUSE National Fire Prevention Week**

**Where:** Fire Station 3 - 20 Mansfield Ave.

**When:** Saturday, October 14, 2017

**Time:** 2-6pm

**Free BBQ:** 4-6pm



## **Edmunds Middle School Guidance Support Staff**



### **Guidance Counselor: Pat Hulbert**

I have been the Guidance Counselor here at Edmunds for nine years. I support our students by providing individual and small group counseling for a variety of issues: social, emotional, and academic. I also support students and their families by making counseling referrals. Part of my time at school is spent communicating with teams in order to identify the needs of our students. I provide classroom lessons as needed. I also am responsible for all students' scheduling needs and coordinate the entire Testing/NECAP process. I am a Designated Employee, which means that I address all matters involving bullying. I coordinate the transitions from 5th to 6th grade and 8th grade to BHS. I am at Edmunds Monday through Friday and can be reached at [phulbert@bsdvt.org](mailto:phulbert@bsdvt.org) or 864-8486 x41011. Please let me know if I can support you or your child in any way.

### **Student Assistance Program: Angela Halsted, SAP Counselor**

I am the Student Assistance Program Counselor here at Edmunds Middle School. The overall goal of the Student Assistance Program (SAP) is to identify, educate, support, and refer students who may have challenges with alcohol and/or other drugs. This may include the student's own substance use or that of a family member. Students are referred to the SAP Counselor by school staff, a parent, or a friend, for a variety of reasons including depression, anxiety, family conflict and divorce, stress management, suicidal ideation, self harm, body image and eating disorders, physical or sexual abuse and friendship challenges. As an SAP Counselor, I am here to support any student for any reason. If you have any questions or concerns, please feel free to reach out to me. I am at Edmunds on Tuesdays, Wednesdays and Thursdays. My email is [ahalsted@bsdvt.org](mailto:ahalsted@bsdvt.org) and my phone number is # 864-8486 x41010.



## Hello from the Health Office!



Now that students are in full swing at school, it's no surprise that the common cold has struck our student population as well. Common colds last a little more than a week (7-10 days). It's important that during those days you and your child do everything possible to help the body's immune system heal so the cold does not progress into an infection in the lungs, sinuses or ears. What should

be done? The Mayo Clinic suggests plenty of fluids, eating chicken soup, resting when you have a fever, and soothing your sore throat with [salt water gargles](#). Drinking lots of fluid, eating plenty of food, and making sure you rest helps provide your body energy to fight the cold. Some foods like onions and lemons have special healing properties have anti-bacterial qualities. Be sure to include some of [these smart foods](#) in your diet to cure the cold! Washing your hands with soap and water after you cough, sneeze, or blow your nose or before you eat also helps prevent germs from spreading! If the cold lasts longer than 10 days, contact your primary care provider to be certain it hasn't developed into a sinus, lung, or ear infection.

If you have any questions about your child's health, please feel free to call my office at 802-864-8443 or email me at [rmccray@bsdvt.org](mailto:rmccray@bsdvt.org) anytime. I am here as a medical resource for you and your children!



EMS science teachers and librarian Carole Renca met this week with Aaron Heyerdahl from the [Vermont Energy Education Program](#).

The 7th and 8th grade teams will be implementing hands-on NGSS-aligned STEM [Modeling Climate Science](#) activities beginning in April for all EMS 7th and 8th science students and utilizing the [Science Kit](#). This is an in-depth exploration of issues and science related to climate change and is part of their existing curriculum this year.

The QUEST team is implementing hands on NGSS aligned STEM activities [Renewables by Design](#) beginning in January 2018.

The library is a great space for these exciting hands-on science experiments with VEEP instructors along with our science teachers.



## World Book Online for EMS Families

Dear Parents and Guardians,

Good news! Edmunds Middle School now subscribes to World Book Online. The World Book Encyclopedia contains an easy-to-navigate colorful website with illustrations, maps, audio, video and primary source documents.

Our World Book subscription allows us to give you and your family access to this valuable reference source on your home computers 365 days a year, 24 hours a day. Home access is included in EMS subscription and is provided at no cost to you. We hope that your family will use the World Book sites often to help with homework, special projects, at-home learning, and information seeking

*How to access World Book Online at home:*

1. Go to the World Book web site: <http://www.worldbookonline.com>
2. Type in the following user Login ID: **Edmunds**
3. Password: **home**
4. Save your user name and password for faster login – simply check the box labeled “Remember my ID and password.” The next time you visit World Book the login prompt will already contain your username and password.
5. Once you arrive at the World Book home page, you should bookmark the page or add to favorites for easy access to World Book in the future.

*(The link to World Book will soon be available on our new library website as well.)*



### A Request from the After School Program

Hello everyone! The After School beading and jewelry making class is in need of any broken or unwanted jewelry. Please consider donating these items to the program! Send your unwanted jewelry to Alyssa Church-Smith, director of after school programs. Thank you so much!



Edmunds is going to recognize  
World Day of Bullying Prevention.  
Please show your support and wear a

**BLUE SHIRT**  
on  
**Wednesday, Oct. 18!**



Stay tuned 🎵  
Activities will take place during homeroom on this  
day.

**CONGRATULATIONS** to 8<sup>th</sup> grader **Binod Sarki** for winning this year's Jake Agna Award at the King Street Center. Established in 2011, the Jake Agna Award is presented annually to a King Street Center youth who exhibits a high level of leadership, engagement, curiosity, humor, teamwork and respect for self and others. Binod was honored at a reception at King Street this week.

